

# The Status of Women in Florida by County: **Health & Well-Being**



Good physical and mental health helps women reach their educational and employment goals, remain financially stable, and fully contribute to their communities. *The Status of Women in Florida by County: Health & Well-Being* report analyzes data on women's health and identifies changes in women's health status since the publication of Institute for Women's Policy Research 2004 report *The Status of Women in the States*. View the full report at fpnetwork.org/fwfa.

### **Key Findings**



Florida earns a grade of C- and national ranking of 35th on the Health & Well-Being Composite Index, an improvement over the D+ the state received in the 2004 *The Status of Women in the States* report.

### Florida's Progress on Key Indicators of Women's Employment & Earnings

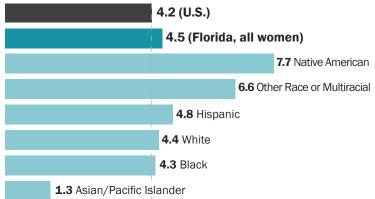
Florida has improved on four of the Women's Health & Well-Being key indicators and declined on five since the 2004 *Status* of *Women in the States* report.

	2004	2017
Heart Disease Mortality Rate	196.3	115.6 🖊
Lung Cancer Mortality Rate	42.3	33.9 🖊
Breast Cancer Mortality Rate	24.2	19.4 🛛 🖊
Rate of AIDS Diagnoses	21.0	7.6 🖊
Incidence of Diabetes	7.3%	10.9% 懀
Rate of Reported		
Cases of Chlamydia	414.2	610.1 懀
Days of Poor Mental Health	3.7	4.5 懀
Suicide Mortality Rate	5.4	6.5 👚
Days of Limited Activities	4.5	5.3 🕇
Rates are per 100,000 population.		

### Mental Health

Women are more likely than men to suffer from certain mental health conditions, including mood and anxiety disorders. Many factors contribute to women's greater likelihood of being diagnosed with such conditions, including higher rates of poverty and trauma from genderbased violence.

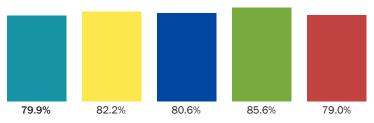
### Average Number of Days per Month of Poor Mental Health Among Florida Women, by Race and Ethnicity, 2015



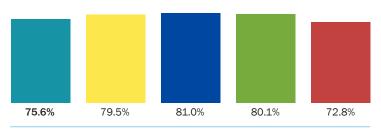
### Health Behaviors and Preventive Care Among Florida Women in Florida Cities

Health-related behaviors and practices can either improve or undermine women's health and overall well-being.

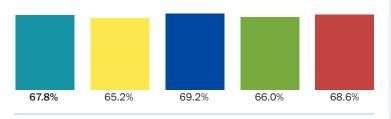
Percent Aged 50 and Older Who Have Had a Mammogram in the Past Two Years, 2014



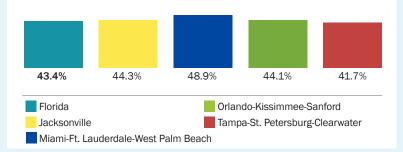
#### Percent Who Have Had a Pap Test in the Past Three Years, 2014



Percent Who Have Been Screened for Cholesterol in the Past Five Years, 2013 and 2015



#### Percent Who Have Ever Been Tested for HIV, 2013-2015



Source: Anderson, Julie, Gladys McLean. 2018. The Status of Women in Florida by County: Health & Well-Being. Report, IWPR #R476. Washington, DC: Institute for Women's Policy Research.



# The Status of Women in Florida by County: **Health & Well-Being**



Good physical and mental health helps women reach their educational and employment goals, remain financially stable, and fully contribute to their communities. *The Status of Women in Florida by County: Health & Well-Being* report analyzes data on women's health and identifies changes in women's health status since the publication of Institute for Women's Policy Research 2004 report *The Status of Women in the States*. View the full report at fpnetwork.org/fwfa.

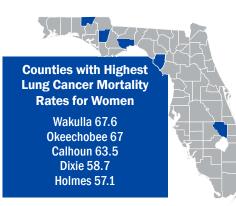
### **Key Findings**

### **Chronic Disease**

Mortality rates vary substantially by race and ethnicity; however, black women in Florida have higher mortality rates and incidences of chronic disease in almost every category.

#### Lung Cancer

Lung cancer is the most lethal cancer for women in Florida, and the state ranks **19th out of 51**. White women have the highest rate – almost three times higher than Hispanic women, the racial and ethnic group with the lowest rate.



#### Heart Disease

In Florida, the heart disease mortality rate for women is 115.6, lower than the national rate (133.2), ranking **13th in the nation**. The rate among Florida Black women is 24% higher than the rate for all women.

#### **Breast Cancer**

Florida ranks 15th out of 51 for women's breast cancer mortality rate. The breast cancer mortality rate for Florida women, 19.4, is lower than the national rate of 20.6. Like heart disease mortality, breast cancer mortality is highest for Black women in Florida.

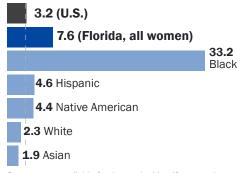
#### Diabetes

In Florida, 10.9% of women aged 18 and older have been told they have diabetes, which is in the **bottom third in the nation (a ranking of 39th)**. Black women in Florida are nearly 2.5 times as likely to have ever been told they have diabetes as Asian/Pacific Islander women, who have the lowest rate.

#### **AIDS** Diagnoses

Florida ranks 48th out of 51 for its high rate of AIDS diagnoses (7.6). The rate of women's AIDS diagnoses in Florida is more than twice the national rate of 3.2. The rate of diagnoses for Black women in Florida is more than four times greater than the rate for Florida women overall.

AIDS Diagnoses Among Florida Women, by Race and Ethnicity, 2015



Data are not available for those who identify as another race or multiracial.

### **Violence Against Women**

Violence against women takes many forms and can lead to a range of negative effects, including being fearful, symptoms of post-traumatic stress disorder, missing school or work, injury and need for medical, legal and/or housing services.

Lifetime Prevalence of Sexual Violence Victimization by an Intimate Partner Among Florida Women, 2010-2012

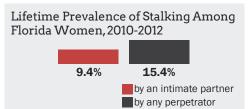






# More than one in seven Florida women have been stalked by a perpetrator.

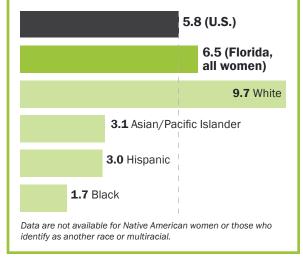
Common Stalking Tactics include making unwanted phone calls or text messages, threatening physical harm, damaging personal property, approaching the victim or showing up unexpectedly in places such as home, school or work.



### Suicide

In the U.S. and Florida, women are much less likely than men to commit suicide; however, women are as likely as men to engage in suicidal behaviors and more likely to have suicidal thoughts.

#### Suicide Mortality Among Florida Women by Race and Ethnicity, 2015



Source: Anderson, Julie, Gladys McLean. 2018. The Status of Women in Florida by County: Health & Well-Being. Report, IWPR #R476. Washington, DC: Institute for Women's Policy Research. Map of Florida with Counties by FreeVectorMaps.com